

X-Ray Aprons

The Why, what's, when's and how's of radiation safety



Who are we?



Radiographers BiR , CORIPS, SOR - members Radiation protection Supervisor



Manufacturer of Radiation protection Based in Lancashire, UK Family Run Business Pioneers in Radiation Protection

Global Reach





COMPANY HISTORY



Why is radiation protection still important?



Equipment Dose Reduction

Increase in procedures (6 FOLD INCREASE OVER 12 YEARS SINCE 2008 – 2020 STUDY*) Increase in procedure times Complex cases – FEVARS etc

*https://www.iaea.org/newscenter/news/ra diation-protection-of-patients-in-the-newera-of-medical-imaging

RADIATION DOSE IS ACCUMALITIVE





How do we protect?

European Regulations

PPE REGULATIONS (EU) 2016/425



How do we protect?

Common radiation protection materials



How do we protect?

Common radiation protection materials



What are the advantages of Bilayer over Admix? Common radiation protection materials



IEC 61331-2014 BBG*



K-edges & fluorescence

- A K-edge describes a sudden increase in the attenuation coefficient of photons occurring at a particular level of keV just above the binding energy of the 'K' shell electron
- All elements have a number of 'K' edges at certain levels of keV
- At the K-edge the attenuation coefficient decreases as electrons are displaced

Xray Absorption Spectroscopy:





What are the advantages of Bilayer over Admix?



European Regulations

PPE REGULATIONS (EU) 2016/425



Responsibilities of the manufacturer

PROTECTIVE APRONS shall consist of one or more layers of protective material and shall be designed to cover <u>the front part of the body from the throat down to at least the knees</u>, the entire breastbone and the shoulders.

The width of the material on each shoulder <u>shall be not less than 8 cm</u> for persons having the minimum chest girth of 76 cm (according to EN 340:2003) and shall be graded as chest girth increases.

PROTECTIVE APRONS and THYROID COLLARS are used for protection against SCATTERED RADIATION and are tested in the 50 kV to 110 kV TUBE VOLTAGE RANGE. However such devices and materials are **useful in SCATTERED RADIATION** from primary x-ray beams with TUBE VOLTAGES 60 kV to 120 kV because the scattered spectra of these better match those of primary beams having TUBE VOLTAGES 10 kV less.

Where heavy-duty, or heavy-duty closed PROTECTIVE APRONS or THYROID COLLARS are worn for RADIOLOGICAL examinations or in procedures where there is exposure to higher energy radiation, greater than 125 kV, for example in "in-room CT assist" procedures, such PROTECTIVE APRONS should also meet or exceed the LEAD EQUIVALENT values for radiation quality 150 kV, and be marked or labelled accordingly.

Standards Specifications of Aprons:

Open Designs – e.g. front only or tabards Closed Designs – Closed at the sides

Light Duty – 0.25 Pb LE Heavy Duty – 0.35 Pb LE at the front - 0.25 Pb LE at the back



BSI Standards Publication

Protective devices against diagnostic medical X-radiation

Part 3: Protective clothing, eyewear and protective patient shields

bsi.

...making excellence a habit."

Types of Lead Apron – Open Design



Benefits:

Easy to put on. Easy to remove whilst sterile Well Ventilated

Disadvantages: Perceived – one size fits all Easy to wear badly

Types of Lead Apron – Closed Design



Benefits:

Easy to put on. Better side coverage of the axilla and breast tissue

Disadvantages: Not easy to remove whilst sterile Less well ventilated A more precise fit

Types of Lead Apron – Two Piece Aprons (includes both open & closed designs)



Benefits:

Weight spread between hips and shoulders Ventilation between the overlap

Disadvantages: Not easy to remove whilst sterile A more precise fit

Selecting the right apron for the environment

- What exposures are being used?
 - High KV? Apron that protects up to 150KV?
- Where are you standing?
 - RPA's often advise 0.35 Pb for operators and 0.25 Pb for others in the room
- Are you standing or sitting?
 - SITCO?
- Where is the x-ray tube in relation to your position during the surgery?
 - Head on?
 - Side on?
 - Which side?
- Do you need the apron for the duration of the surgery?
- Do you have MSK considerations?



How to wear a lead apron properly

Tabard Aprons



How to wear a lead apron properly

Closed Designs





ARMHOLE

ENSURE THE INNER FLAP IS PROPERLY POSITIONED



PROTECTION TO THE KNEE



INNOVATION MISSION



Better Axilla Protection

Mission:

ROTHBAND

To Provide Better Axilla Protection to Healthcare Professionals in Orthopedic Environments

Two self-reported US studies of female orthopaedic surgeons have shown a 1.9 fold increase in all-cause cancer incidence and a 2.9-3.9 fold increased incidence of breast cancer.

This increase was not seen in plastic surgeons or urologists, and remained when the cohort was matched against a control population [8-10].

British Orthpaedic Association - 2023

DEFINING THE ISSUE

The Unique Challenges of Orthopedic Surgery

Wearing the correct sized lead apron is the best way to ensure the breast tissue is adequately covered.

Some hospital departments have a transient workforce consisting of trainees and visitors.

Healthcare professionals come in all shapes and sizes, making it challenging for employers to provide adequate radiation protection coverage to a variable population of staff.

Orthopaedic Surgery has its own unique challenges when it comes to effective x-ray protection.

DEFINING THE ISSUE

The area of concern





Images: British Orthpaedic Association - 2023

DEFINING THE ISSUE The unique Challenges of Orthopedic Surgery

Orthopedic Surgeons tend to have more dynamic Interaction with their patients during x-ray screening.

This can result in compromising the effectiveness of the available protection.



Design objectives

Provide sufficient coverage of the axilla

Avoid a sleeve configuration that would add extra weight to the upper arm

Dynamic movement to ensure coverage

Product Objectives



RETROFIT TO EXISTING PPE

ACCESSIBLE QA FOR REGULAR CHECKS

ONE SIZE FITS ALL SIMPLE TO ORDER AFFORDABLE PROCUREMENT

Final Product



THANK YOU